



# Sharing of Food Policy

## Purpose

It is important to Buzzers Academies to minimise the risk to children and young people who attend our sessions/Clubs/Camps, who have allergies and anaphylactic reactions. Our 'Sharing of Food' policy will help to reduce the risk to children and young people. Such a policy can also be considered to assist in the general health and hygiene of the children and young people.

## Guidelines

- All Buzzers Academies staff are to be aware that children/young people are not to swap or share food and can only eat food provided or approved by their parents/carers/guardians.
- All Buzzers Academies staff must take on the responsibility of ensuring parents/carers/guardians and children/young people understand why we have this policy in place.

## Implementation

- When attending a Buzzers Academies session/Club/Camp, the children/young people will be made aware of our 'Sharing of Food' policy during the full group introduction.
- Details will be provided to the 'lead' tutor regarding children's/young person's allergies via the online booking form (Class4Kids).
- Food allergies are very common amongst children and young people. As a result, Buzzers Academies enforces a 'No Nuts Policy' for all children/young people. No food items with nut or nut elements are to be used or consumed within the session/Club/Camp premises.
- Children/young persons are not permitted to share food. All children/young people will be reminded by Buzzers Academies staff about the importance and relevance of not sharing or swapping food during snack and lunch times.
- If children/young persons are found to have been sharing or swapping food, they will be supported and educated on the issue by the Buzzers Academies 'lead' tutor.
- Should children/young persons continue to disregard the rules regarding the sharing or swapping of food, their parent/carer/guardian will be informed, and the matter will be treated as a breach of Buzzers Academies rules.
- When a child/young person celebrates a birthday whilst at a Buzzers Academies sessions/Club/Camp, food items are not to be shared with other children/young people e.g. cake or sweets. This applies to all foods and drinks. Instead of food, parents/carers/guardians may provide children/young people with a different treat e.g. party hats, toys etc.

## Medication

If a child/young person has an allergy to any food, they must ensure the Buzzers Academies 'lead' tutor is aware and that details of the allergy are written on the child's/young person's online account and booking form (Class4Kids). A 'Medication Form' should also be completed and handed to the 'lead' tutor at the start of the sessions/Club/Camp. *Please see our 'Medication Policy' for further information on this.*

Parents/carers/guardians should hand any medication, Epi-Pens etc to the Buzzers Academies 'lead' tutor, as well a letter stating that they give permission for Buzzers Academies staff to administer the medication if needed.

- A new letter of consent must be written each time the child/young person attends a Buzzers Academies session/Club/Camp.
- All permission letters/forms will be kept on file for 2 years.

## Evaluation

Feedback from parents/carers/guardians and Buzzers Academies 'lead' tutors will be used as a guideline to the effectiveness of this policy.

**This policy was reviewed and/or updated on 1<sup>st</sup> January 2024.**